


Organic

SWU-Escuelita Fall 2023

Soap-Making



The background of the entire page is a dense field of teal-colored water bubbles of various sizes, creating a textured, bubbly effect. A white rectangular box is centered on the page, containing the main text.

Why are we teaching these classes?

We wanted to show our members a simple way of creating sustainable soaps. In recent news, many soaps have been banned in other countries for using harmful chemicals and toxins. Some of them cause skin allergies and irritations, reproductive and thyroid issues. We hope that you can learn more about these harmful products and make your own.



Foaming Soap 13 oz recipe

INGREDIENTS

- **Foaming soap pump (reuse)**
- **Castile Soap (Dr.Bronners)**
- **Jojoba oil**
- **Essential oils(your preference)**
- **Distilled water**

DIRECTIONS

1. **To your reused soap bottle. You will add the following:**

(Continued)

- a. **3 tablespoons of castile soap**
 - b. **2 teaspoons jojoba oil**
 - c. **40 drops of essential oil**
2. **After mixing the ingredients fill the rest of the bottle with water and gently shake until all are incorporated.**
 3. **Ready to Use.**

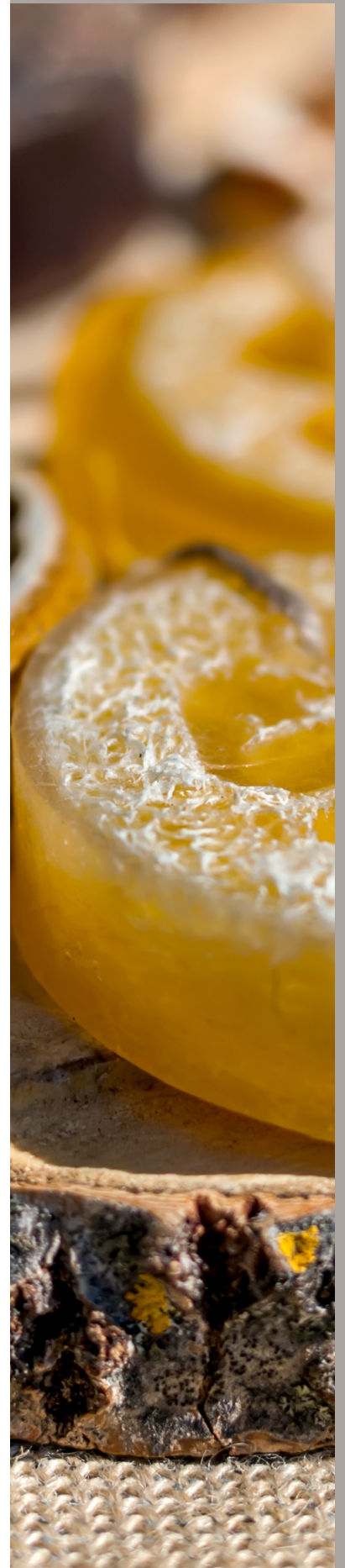
Body Soap Recipe

Ingredients:

1 LB of Soap Base (Michaels,Amazon)
1 tablespoon of jojoba oil
1 tablespoon of shea butte,cocoa butter r, or coconut oil
loofah
1 tablespoon of vitamin e
Soap colorant of choice
Essential oils

Directions

- 1. In a double broiler. Add soap base and let it fully melt. Do not over cook as soap base can become bendy. Just enough where it melts together. Add Jojoba, butter, vitamin e and preffered essential oils. Mix with a spoon. (spoon can only be used for soapmaking)**
- 2. Once you have mixed all ingredients thoroughly.**
- 3. Prepare loofah onto molds.**
- 4. Pour soap mix into the molds.**
- 5. Let dry 4 hrs- overnight . Until completely solid.**
- 6. Ready to use :D**

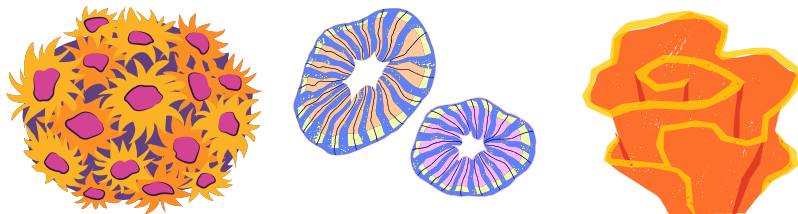


INFO

INFO

INFO

Soaps will stay here to cure. You can pick them up tomorrow during our food-distro from 9 am-12 pm.



Please feel free to sign-up for any other classes that we are offering. If you'd like to join as a member. Get with one of our staff leads Bonnie or Alicia. We hope you enjoyed yourself. Leave us a comment. For more

info on our organization

give us a follow on facebook or instagram

@swujjustice

www.swunion.org